

# Summer To Do's

## Nature/Outdoors

- Go for a hike on Belle Isle
- Visit the beach at Yorktown
- Go berry picking
- Zipline at Canopy Adventure Park
- Visit a splashpad
- Pick flowers and press them
- Explore Pocahontas State Park
- Go fishing
- Plant a garden
- Go camping
- Camp in the backyard
- Go kayaking or canoeing  
(Visit Riverside Outfitters at Tredegar)
- Make a nature book
- Plant some seeds

## Food

- Have a picnic
- Cook something you've never tried
- Visit the South of the James Farmer's Market
- Visit a farm and buy something from the farm
- Make s'mores
- Churn your own ice cream or visit Deluca Gelato
- Bake something new
- Make homemade pizzas
- Grill some fish from Yellow Umbrella
- Find a new food truck and try it
- Try a new local restaurant (I've got loads of recs!)

## Activities

- Have a plein air painting picnic
- Take a drawing class at VMFA or VisArts
- Stand up paddle board
- Make a bird feeder
- Create a macrame wall hanging
- Craft a dream catcher
- Make a collage
- Play mini golf at Patterson Mini Golf
- Visit the batting cage at Bogey's
- See a movie at Goochland DriveIn

## Travel

- Visit somewhere new
- Take a train ride to Ashland or DC
- Play tourist in your own city
- Visit a historical site (we have LOADS)
- Play tourist in a nearby city or county
- Go to a wine or beer tasting.

## Relationships

- Visit someone you haven't seen lately
- Write some notes to people you like
- Have dinner party for no reason
- Go for a Sunday drive with the family
- Make cookies and ding dong ditch them  
(Leave a note though!)
- Take someone to lunch at Wood & Iron
- Have a picnic at Libby Hill Park

## Contribute

- Give blood
- Clean out closets- Donate to The Clothes Rack
- Shop & donate to the YWCA
- Stock RVA Community Fridges
- Visit someone lonely
- Volunteer somewhere
- Learn first aid
- Get involved with a cause
- Write a letter about a cause
- Do some random acts of kindness

## Low Key

- Make some lemonade
- Read a book in the hammock
- Write a poem
- Go for a walk
- Meditate
- Build a cozy blanket fort
- Have breakfast for dinner